

**Amendments to the Specification:**

Please amend the specification as follows:

At page 1, please insert the following heading immediately before the title at line 1:

**TITLE OF THE INVENTION**

At page 1, line 2, before the paragraph beginning “The present invention relates to

. . . ,” please insert the following heading:

**BACKGROUND OF THE INVENTION**

At page 6, line 15, please insert the following immediately after the paragraph

ending “. . . limitations of existing shoes” and immediately before the paragraph

beginning “According to a first object . . .”:

**BRIEF SUMMARY OF THE INVENTION**

At page 9, line 11, please insert the following heading immediately before the

paragraph beginning “Embodiments of the present invention will now be

described, by way of example only, with reference to the accompanying drawings .

. . .”:

**BRIEF DESCRIPTION OF THE SEVERAL VIEWS OF THE DRAWINGS**

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Response Dated October 7, 2009  
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At page 10, before line 1, please insert the following heading immediately before the paragraph beginning “Reference is initially made . . .”:

**DETAILED DESCRIPTION OF THE INVENTION**

At page 16, line 1, please cancel any heading immediately before claim 1 and substitute the following heading in lieu thereof:

**CLAIMS**

At page 20, line 1, please cancel any heading immediately before the abstract and substitute the following heading in lieu thereof:

**ABSTRACT OF THE DISCLSOURE**